



KENSINGTON PLACE

A MEMBER OF THE LUTHERAN SOCIAL SERVICE FAMILY

Features

January 28-February 3, 2010

Appetizers

Fresh Fruit*Applesauce*Macaroni Salad*
Cottage Cheese & Chilled Fruit*Soup of the Day*Low-Sodium Soup

Soup and Sandwich Combo

Half of Chicken Salad Sandwich on Whole Wheat Bread Served up with a Cup of
Homemade Soup

Entrée

Breaded Chicken Tenders with Honey Mustard
Quiche Florentine
Grilled Chicken Chef Salad
Grilled Boneless Skinless Chicken Breast

Catch

Beer Battered Tilapia

Sandwich Shoppe

6oz. Grilled Angus Burger with Cheese
Sloppy Joe on a Bun
Grilled Cheese Sandwich

Side Dishes

Mashed Potatoes*French Fries*Potato Chips*Battered Fried Mushroom Caps with
Horseradish Sauce for Dipping *Sliced Tomatoes with leaf Lettuce & Pickles

Sweet Treats

Ice Cream Sugar Free Ice Cream Sugar Free Dessert

Beverages

Chablis Burgundy Blush
Lemonade, Orange, Cranberry, Peach & V-8 Juice
Coffee Decaf Hot Chocolate Cappuccino Tea Iced Tea

KENSINGTON PLACE

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Dinner Menu

January 28, 2010

Appetizers

Tossed Garden Salad

(Choice of Ranch, French, Raspberry Vinaigrette, Sweet & Sour, Bleu Cheese, Thousand Island, Italian, Fat Free Sun Dried Tomato Basil Vinaigrette & Fat Free Toasted Sesame)

Entrée

Oven Roasted Turkey with Gravy & Cranberry Relish

Catch

Pan Seared Tilapia with Lemon & Basil Butter Sauce

Side Dishes

Stuffing

Whole Green Beans

Corn Pudding

Sweet Treats

Pumpkin Pie

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January 29, 2010

Appetizers

Iceberg Wedge Salad

(Topped with Bleu cheese Crumbles, Bacon Bits Topped with Balsamic Vinaigrette Dressing)

Entrée

Beef Stroganoff

Catch

BBQ Grilled Shrimp

Side Dishes

Egg Noodles

Baby Carrots

Seasoned Cauliflower

Sweet Treats

Pineapple Upside Down Cake



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Dinner Menu

January 30, 2010

Appetizers

Caesar Salad

Entrée

Chicken Cordon Bleu with Gravy

Catch

Poached Salmon with Lemon

Side Dishes

Scalloped Potatoes

Peas & Mushrooms

Broccoli Spears

Sweet Treats

Chocolate Eclairs

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Dinner Menu

January 31, 2010

Appetizers

Make Two Choices

Chilled Shrimp Cocktail
Spring Greens with Raspberry Vinaigrette Dressing
Fresh Fruit Salad
Italian Pasta

Entrees

Make Two Choices

Hand Carved Ham with Honey Glaze
Baked BBQ Chicken
Veal Parmesan
Sweet & Sour Meatballs
Battered Pollock with Tartar Sauce
Farmers Style Scrambled Egg Casserole

Sides:

Make Three Choices

Au-Gratin Potatoes
Wild Rice Pilaf
Seasoned Broccoli
Buttered Carrots

Breakfast Station

Omelets
Belgium Waffles

Dessert Station:

Assorted Desserts



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Dinner Menu

February 1, 2010

Appetizers

Fresh Spinach Salad
Served with Warm Bacon Dressing

Entrée

Spaghetti w/ Meatballs & Garlic Bread

Catch

Baked Salmon with Herbs

Side Dishes

Spaghetti
Sliced Carrots
Fried Zucchini

Sweet Treats

Carrot Cake



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Dinner Menu

February 2, 2010

Appetizers

Tossed Salad with Choice of Dressing

(Choice of Ranch, French, Raspberry Vinaigrette, Sweet & Sour, Bleu Cheese, Thousand Island, Italian, Fat Free Sun Dried Tomato Basil Vinaigrette & Fat Free Toasted Sesame)

Entrée

Oven Braised Swiss Steak with Gravy

Catch

Pan Fried Crab Cakes w/ Creamery Butter Dill Sauce

Side Dishes

Mashed Potatoes
Macaroni & Cheese
Scalloped Apples
Sugar Snap Peas

Sweet Treats

Egg Custard Pie



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Dinner Menu

February 3, 2010

Appetizers

Caesar Salad

Entrée

Western Style Beef Sirloin Stew with Corn Bread

Catch

Baked Orange Roughy

Side Dishes

Mini Bistro Bakers

Harvard Beets

Brussels

Sweet Treats

Bavarian Cream Puffs